

Health Check

Items 718 and 719

- For patients diagnosed with epilepsy, review seizure control (including anticonvulsant drugs) and refer to neurologist as appropriate

| IDENTIFIED HEALTH ISSUES | ACTION |
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- Screen for thyroid disease at least every two years (or yearly for patients with Down syndrome).

| IDENTIFIED HEALTH ISSUES | ACTION |
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- For patients without a definitive aetiological diagnosis, consider referral to a genetic clinic every 5 years.

| IDENTIFIED HEALTH ISSUES | ACTION |
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- Assess or review treatment for comorbid mental health issues

| IDENTIFIED HEALTH ISSUES | ACTION |
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- Consider timing of puberty and management of sexual development, sexual activity and reproductive health.

| IDENTIFIED HEALTH ISSUES | ACTION |
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- Consider any signs of physical, psychological or sexual abuse.

| IDENTIFIED HEALTH ISSUES | ACTION |
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HEALTH ASSESSMENT as relevant to the patient (Non-mandatory from this point forward):

The balance between the patient's health and physical, psychological and social function domains is a matter for professional judgement in relation to each patient. Practitioners should also consider the following:

- Medical**
- Consider follow-up consultations where medical treatment is required e.g. high blood pressure, likelihood of other health problems
 - Assess pathology if continence problems are evident

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- Physical function**
- Consider the health impact of the patient's general skills levels and daily activities
 - Consider the need for a referral for a formal review of activities of daily living

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- Psychological function**
- Consider and investigate medical/ psychiatric causes where problems with cognition and skill decline are clinically suspected
 - Consider depression where there is change in weight, sleep habit and escalation of behavioural problems
 - Ensure there are systems in place to keep track of the patient's current behavioural status
 - Consider psychiatric disorders when changes in behaviour are evident

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- Social function**
- Assess suitability of the patient's accommodation setting to provide the best physical and psychological health outcomes
 - Consider issues that relate to the care provided by the patient's carer to meet the health related needs of the patient

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- Other examinations as considered necessary by GP

| EXAMINATION | IDENTIFIED HEALTH ISSUES | ACTION |
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- Involving the patient's carer or appropriate disability professionals.
- Consider the need for referrals such as accommodation, daily assistance assessment, disability support services and psychologists.

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Use of a specific form to record the results of the health assessment is not mandatory but the health assessment should cover the matters listed below. The first page of this form can be used as a report of the health assessment.

This check list must be read in conjunction with the explanatory notes for Items 718 and 719 (as set out in the Medicare Benefits Schedule Book).

Patient's Name Male Female DOB:/...../..... or Age:

Current contact details

Address
Phone

Carer's name/s

Alternative contact details

Address
Phone

Consent – Patient and/or Carer

Explanation of health assessment given Yes

Patient consent for health assessment given Yes

Date consent was given:/...../.....

Consent given for information to be collected by:

Nurse Yes No

Other health professional Yes No

- please specify

Previous health check

Has the patient had a previous health assessment?

Yes No

Date of last health assessment (if known)/...../.....

Service provided by Dr.

PATIENT'S OVERALL HEALTH STATUS

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HEALTH ISSUE IDENTIFIED AND DISCUSSED WITH PATIENT AND/OR CARER

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TESTS UNDERTAKEN, RESULTS AND WHAT THEY MEAN (SOME RESULTS MAY NOT BE AVAILABLE)

Note: The assessment should not include diagnostic or pathology services unless the health assessment detects issues that require clinically relevant diagnostic imaging or pathology services.

| TEST | AVAILABLE RESULTS AND WHAT THEY MEAN |
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RECOMMENDED INTERVENTION ACTION

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ACTION TO BE TAKEN BY PATIENT AND/OR CARER

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Next appointment with doctor: Date:/...../.....
 Next Health Assessment: Date:/...../.....
 GP: Dr. GP's signature Date:/...../.....

PATIENT HISTORY

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| Paediatrician | |
| Government-provided or funded disability service | |
| Previous presentations | |
| Family relationships | |
| Care arrangements | |

| CURRENT PROBLEMS | CURRENT RISK FACTORS |
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ALLERGIES/DRUG INTOLERANCE

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HEALTH ASSESSMENT as relevant to the patient (Mandatory from this point forward).

Check dental health (including dentition)

| IDENTIFIED HEALTH ISSUES | ACTION |
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Conduct aural examination (arrange formal audiometry every 5 years)

| IDENTIFIED HEALTH ISSUES | ACTION |
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Assess ocular health (arrange ophthalmologist/ optometrist review every 5 years)

| IDENTIFIED HEALTH ISSUES | ACTION |
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Assess nutritional status and review growth and development Weight: Height:

| IDENTIFIED HEALTH ISSUES | ACTION |
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Assess bowel and bladder function (particularly for incontinence and chronic constipation)

| IDENTIFIED HEALTH ISSUES | ACTION |
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Assess medications (including 'non prescription' medicines taken by the patient, prescriptions from other doctors, medications prescribed but not taken, interactions, side effects and review of indications).

| IDENTIFIED HEALTH ISSUES | ACTION |
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Check immunisation status (Refer to the current Australian Standard Vaccination Schedule (NHMRC) for appropriate vaccination schedules).

- Influenza Measles Tetanus Mumps
 Hepatitis A Hepatitis B Rubella (MMR) Pneumococcal

| IDENTIFIED HEALTH ISSUES | ACTION |
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Check exercise opportunities (aim for at least 30 minutes of moderate exercise per day)

| IDENTIFIED HEALTH ISSUES | ACTION |
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Check and review support provided for activities of daily living

| IDENTIFIED HEALTH ISSUES | ACTION |
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Consider the need for breast examination, mammography, Papanicolaou smears, testicular examination, lipid measurement and prostate assessment

| IDENTIFIED HEALTH ISSUES | ACTION |
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Check for dysphagia and gastro-oesophageal disease, especially for patients with cerebral palsy, and arrange investigation/treatment as required

| IDENTIFIED HEALTH ISSUES | ACTION |
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Assess risk factors for osteoporosis and arrange investigation/treatment as required

| IDENTIFIED HEALTH ISSUES | ACTION |
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