

Listing of Psychological Health Providers

Name	Address	Phone	Fax	Mobile	Email	
	<i>Areas of Interest</i>	<i>Languages spoken other than english</i>				
Bentleigh						
Ms Helen Norman	Suite 1 <i>Trauma, Grief, Relationships, Depression and Anxiety Disorders</i>	261 Centre Road	8520 9500	8520 9530	0408 328 024	helen@peternorman.com.au
			n/a			
Ms Vivian Pereira	Medi 7 <i>Anxiety, Depression, Marriage & Relationships, Family Mediation, Stress Management</i>	471 Centre Road			0113 842 653	vivianpereira9@gmail.com
Mr Clive Smee	Centre Health Medical Clinic <i>Anxiety and Depression, Work Stress and Self Esteem, Personality Assessment, Relationships, Self-awareness & Personal Growth, Pain Management, Pscyhodynamic Therapy, CBT, Interpersonal Therapy and Hypnotherapy</i>	222 Centre Road	412 191 28	9557 8776	0412 191 280	ucsmee@ibgpond.com
			n/a			

Name**Address****Phone****Fax****Mobile****Email***Areas of Interest**Languages spoken other than english***Blackburn****Dr Donna Golding****1/5 Linden Street****9893 4293****0413 802 678****donna@drdonnagolding.com***Burnout, Bereavement, Emotional Intelligence and Wellbeing, Leadership and Management, Multi-cultural Issues, Personal & Family Relationships, Spirituality and Transpersonal Insight**n/a*www.drdonnagolding.com**Brighton****Ms Susan Athaide****Level 1 - 181 Bay Street****9595 3825****9595 3800****0417 358 631****susanthaide@optusnet.com.au***Anger Management, Anxiety, Depression, Chronic Stress, Grief & Loss, Substance Abuse Issues, Family of Origin Issues (cross-cultural issues)**Hindi*

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Carnegie						
Dr Rita Lapidus	Carnegie and Malvern Medical Centre	1036 Dandenong Road	9572 2211	9572 2112	0412 375 495	ritalapidus@yahoo.com
	<i>All areas of counselling psychology</i>		<i>n/a</i>			
Ms Julia Blum	194 Koornang Road		9563 1846	9563 1846	0438 188 285	jblum56@hotmail.com
	<i>Adults struggling with life, People wishing to develop an insight into recurrent patterns of behaviour - be it work or relationships, Life Crises, Insight Oriented Therapy, Depression, Anxiety, Grief and Loss</i>		<i>Yiddish</i>			

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East Bentleigh						
Ms Sarah Godfrey	Sarah Godfrey & Associates <i>CBT, Interpersonal Issues, Behavioural Patterns, Personality Traits</i>	201 East Boundary Road	9570 5305	9570 5315 <i>n/a</i>	0417 017 258	sgpsych@bigpond.net.au www.movingmindsets.com.au
Ms Syndon Barabash	Sarah Godfrey & Associates <i>Psychodynamic, CBT, Family Therapy Theory</i>	201 East Boundary Road	9570 5305	9570 5315 <i>n/a</i>		sgpsych@bigpond.net.au www.movingmindsets.com.au
Ms Georgina Stratigakos	Bayside Psych Health <i>Anxiety Disorder, Depression, Stress Management</i>	620 Centre Road	9557 4540	9557 7004 <i>Greek</i>	0425 720 621	stratiga@hotmail.com
Hampton						
Ms Catherine Lally	M-PACT Psychology <i>Anxiety, Depression, Trauma, Grief, Personality Disorders, Relationships</i>	Suite 13, 349 - 352 Bluff Road	9521 8485	9598 4027 <i>German</i>	0419 304 623	catherine@m.pact.com.au www.m-pact.com.au

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Malvern					
Ms Nicole Levy	Delta Centre	667 Dandenong Road	9500 2866	9576 2066	mail@thedeltacentre.com.au
	<i>Individual, Couple and Family Therapy, Depression, Anxiety, Work Stress, Relationship and Range of Mental Health Issues</i>		<i>n/a</i>		www.thedeltacentre.com.au
Ms Michelle Bihary	Delta Centre	667 Dandenong Road	9500 2866	9576 2066	m.bihary@thedeltacentre.com.au
	<i>Working with health professionals to reduce professional burnout and create professionally and personally sustainable work styles</i>		<i>n/a</i>		www.thedeltacentre.com.au
Ms Rochelle Umansky	Delta Centre	667 Dandenong Road	9500 2866	9576 2066	rumansky@optusnet.com.au
	<i>Anxiety, Depression, Stress Management, Transition</i>		<i>n/a</i>		www.thedeltacentre.com.au
McKinnon					
Dr Netzach Goren	81 McKinnon Road	425 842 94	9578 2031	0425 842 945	netzpsych@optusnet.com.au
	<i>Stress Management, Anxiety, Depression, Burnout, Phobia's, Pain Management, Performance and Social Anxiety, Mindfulness, Coping with Chronic Medical Illness</i>		<i>n/a</i>		

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Mentone						
Ms Tanya Pietrzak	CBTA	32 Balcombe Road	9585 1881	9585 1886	0407 059 617	tpietrzak@optunet.com.au
	<i>Child and Adolescent, Autism, Anxiety and Depression in Adults</i>		<i>n/a</i>			
Oakleigh						
Ms Rosemary Starr	Oakleigh Medical Centre	184 Huntingdale Road	9571 3117	9571 3117	0407 363 692	randrstarr@optusnet.com.au
	<i>Anxiety, Depression, PTSD, Grief/Loss, Anger Management</i>		<i>n/a</i>			
Ms Ivana Pajkic		3 Portman Street	9530 4455	9530 4016	0421 470 149	i_pajkic@hotmail.com
	<i>General Counselling, Depression, Anxiety, Mood Disorders, Substance Use/Abuse, Family & Couples Relationships, Stress, Psychotherapy, Personality Disorders (OCD, BD)</i>		<i>Serbian, Croatian, Bosnian</i>			

Name**Address****Phone****Fax****Mobile****Email***Areas of Interest**Languages spoken other than english***Oakleigh South****Dr Heather Crockart****11 Vanessa Court****9551 3167****9551 0571****0412 475 145****Dr.H.M@crockart.com .au***Psychotherapy, Hypnosis, Panic Attacks, Anxiety, Depression, Pain-Management, OCD, Guilt, Sexual Problems, Hypertension, Relaxation Hypnotherapy**n/a*www.crockart.com.au**Springvale South****Ms Khai Lan Wong****Flow Counselling and Consulting Service****Shop 4, 792 - 802 Heatherton****9898 2463****9898 1885****0412 051 908****kwon4838@bigpond.net.au***Psychological Counselling, Business Development Coaching, Cross-Cultural Counselling, Psychological Assessment, Personal Coaching and Development, Stress & Trauma, Mental Health, Critical Incident Debriefing for Occupational Stress**Mandarin, Cantonese, Timorese, Hakka, Hainanese*www.medexplore.com.au/khaiwong